

# The Sounder Ski Tour Registration Form

Sunday, January 29, 2017  
First Race will start at 11 a.m.

**Registration includes soup and bagel as well as a warm drink.**

<b>Fees:</b>	<b>Before Jan.23<sup>th</sup></b>	<b>After Jan.22<sup>rd</sup></b>
2 km and 3km events	\$10.00	\$10.00
5km event	\$15.00 (GNSSC members \$10.00)	\$20.00 (GNSSC members \$15.00)
11km and 22km events	\$25.00 (GNSSC members \$20.00)	\$30.00 (GNSSC members \$25.00)

Make cheques payable to Georgian Nordic Ski and Canoe Club.

In case of cancellation, refunds will be mailed out (upon request), less a \$5.00 administration fee.

Registration deadline is at noon on Saturday January 30<sup>th</sup>.

**A signed Waiver Form must accompany each registration.**

**Send Entries to:** Sounder Ski Tour,  
Georgian Nordic Ski & Canoe Club, .  
Box 42,  
Parry Sound, ON P2A 2X2

## Sounder Ski Tour 2017 Waiver

PARTICIPANT WAIVER FORM IN CONSIDERATION OF Cross Country Canada (hereinafter called CCC), Southern Ontario Division, (hereinafter called the Host Division) and Georgian Nordic Ski and Canoe Club (hereinafter called the Host Club) accepting my entry into the above named activity, I hereby for myself, my heirs, executors, administrators and assigns, forever release, and forever discharge, CCC, the Host Division and the Host Club, their executive directors, servants, agents, sponsors, supporters, employees or volunteers from any and all claims, demands, damages, costs (including solicitor and client costs on a full indemnity basis), actions or causes of actions, proceedings arising out of or in consequence of any loss, injury or damage which may arise by reason of negligence of CCC, the Host Division and the Host Club, their servants, agents, sponsors, supporters, employees or volunteers. Without limiting the generality of the foregoing, I further release any and all recourses which I may now or hereinafter have resulting from any decisions of CCC, the Host Division, and the Host Club. In addition to the foregoing, I further waive any claims I might have in connection with any cancellation or rescheduling of the event for whatever reason. I declare that my physical condition, to the best of my knowledge, is adequate to participate safely in the sport of cross country skiing, and that no physician or other qualified individual has advised me against participating in the sport. I further acknowledge and agree that it is my choice as whether I will obtain a physical examination prior to participating in the event, and I hereby acknowledge and agree to assume all risks associated with not obtaining such examination, or if I do obtain an examination and am instructed not to participate in the event, I hereby assume all risks associated with my participation. I authorize and consent to the publication by CCC, the Host Division and the Host Club of any materials containing my name or picture, and I release to CCC, the Host Division and the Host Club and all persons acting under authority from them, any claims I might have due to the initial or subsequent publication of such material. By completing this Waiver of Liability with my signature below, I hereby agree to abide by the Rules and Regulations as set forth by CCC, the Host Division and the Host Club, and to follow the instructions of the officials during the event.

### Release & Waiver - (18 & over)

As a participant in the 2017 Sounder Ski Tour, I have read and understand the above.

Participant: \_\_\_\_\_

Signature: \_\_\_\_\_ Date: \_\_\_\_\_

### Release & Indemnification - Minor Participant.

As a parent or guardian of a participant under the age of 18, I have read and accept the above terms and conditions on the entrant's behalf.

Participant: \_\_\_\_\_

Name Parent or Guardian: \_\_\_\_\_

Signature Parent or Guardian: \_\_\_\_\_ Date \_\_\_\_\_

# Sounder Ski Tour Registration Form – 2017

Name: \_\_\_\_\_ YOB: \_\_\_\_\_

Address: \_\_\_\_\_

Postal Code: \_\_\_\_\_ Phone No. \_\_\_\_\_

Club Affiliation: \_\_\_\_\_

School (Parry Sound District) \_\_\_\_\_

Circle category and check items that apply. Enter only one event.

\* Indicate a SOD race series Event

**Category 1: Distance 2 km**

Children 6 and under (YOB 2011 and later)    Boys     Girls

**Category 2: Distance 3 km**

Boys     Girls     Classic\*     Skate

Atom (YOB 2008-2010)\*                       Pee Wee girls\* (YOB 2005-2007)  
 Pee Wee boys\* (YOB 2004-2007)

**Category 3: Distance 5 km**

Boys     Girls     Classic\*     Skate

Midget girls (YOB 2003-2004)\*     Juvenile girls (YOB 2001-2002)\*     Junior girls\* (YOB 1999-2000)  
 Midget boys (YOB 2002-2003)\*     Juvenile boys (YOB 2001)\*     Junior boys\* (YOB 1999-2000)

**Category 4: Distance 11 km**

Male     Female     Classic\*     Skate

Juvenile girls (YOB 2001-2002)                       Junior girls (YOB 1999-2000)  
 Juvenile boys (YOB 2001)                               Junior boys (YOB 1999-2000)

Open\* (ages 18 – 29)                       Master\* (ages 30-39)                       Master\* (ages 40-49)  
 Master\* (ages 50-59)                       Master\* (ages 60-69)                       Master\* (ages 70 +)

**Category 5: Distance 22 km**

Male     Female     Classic     Skate

Juvenile girls (YOB 2001-2002)                       Junior girls (YOB 1999-2000)  
 Juvenile boys (YOB 2001)                               Junior boys (YOB 1999-2000)

Open (ages 18 – 29)                       Master (ages 30-39)                       Master (ages 40-49)  
 Master (ages 50-59)                       Master (ages 60-69)                       Master (ages 70 +)

\_\_\_\_\_