

# Georgian Nordic Racing Team REGISTRATION FORM

Fee for 2017/2018: 315.00

- includes year round training plan.
- Weekly plan via email.
- Full race support at Ontario Cups and Nationals

Make cheque payable to G.N.S.C.C.

Name: \_\_\_\_\_ Year of Birth \_\_\_\_\_

- Club Member?: Y/N (Membership with Georgian Nordic is required and is not included in fee)

Address: \_\_\_\_\_

• Town: \_\_\_\_\_

• Postal Code: \_\_\_\_\_ Phone: \_\_\_\_\_ (res.) \_\_\_\_\_ (work)

Email \_\_\_\_\_

I have read the "Program Details" posted on this website. I understand that I can change my goals anytime.

For now my Focus is: (Circle one)

1. Focus Parry Sound
2. Focus Ontario
3. Focus Canada

Signature \_\_\_\_\_

Circle each item you have, add an item if you want.

Skate Skis how many? Bindings NNN/ SNS

Skating poles Classic Skis, how many, any Klister skis, Zeros?

Classic poles Skate Roller skis

Ski walking poles Classic roller skis

Klister? Love it! Yes

Heart rate monitor Bottle holder

This Waiver must be signed and dated when registering!

I HEREBY AGREE to abide by the rules and Regulations of Cross Country Canada (hereinafter called the CCC), Southern Division (hereinafter called Division) and to participated in the events, activities, and programs sanctioned by CCC and Division in accordance with the Associations Rules, Regulations and by-laws. IN CONSIDERATION OF CCC, Division, and the Georgian Nordic Ski and Canoe Club Inc., acceptance of me as a registered member of the Association and by being permitted to take part in the Associations events, activities and programs, I hereby, for myself, my heirs, executors, administrators and assigns, forever release, discharge and hold harmless CCC, Division, Georgian Nordic Ski and Canoe Club Inc., its directors, officers, employees, representatives or agents and all land owners on the trail system.

Athlete Signature: \_\_\_\_\_

\_\_\_\_\_ Date: \_\_\_\_\_ Parent or Guardian Name: \_\_\_\_\_ Parent or Guardian

Signature \_\_\_\_\_ Health: Please indicate if there is any particular condition the coach should be informed of (eg: peanut allergy, special needs, medical condition, etc.)